





# HERPES

Genital herpes can often be spread by skin-to-skin contact during sexual activity. Some people infected with the virus may have very mild symptoms or no symptoms. They can still be able to spread the virus. Other people have pain, itching and sores around the genitals, anus or mouth.



# SYMPTOMS

Most people with herpes have no symptoms or only mild symptoms.

Many people aren't aware they have the infection and can pass along the virus to others without knowing.

Symptoms can include painful, recurring blisters or ulcers. New infections may cause fever, body aches and swollen lymph nodes.



# CURE

While herpes is not curable, it is important to know that it is manageable with medicine. Daily suppressive therapy (i.e., daily use of antiviral medication) can lower your risk of spreading the virus to others. Talk to a healthcare provider about your concerns and treatment options.



# HIV

**(HUMAN IMMUNODEFICIENCY VIRUS) IS A VIRUS THAT ATTACKS CELLS THAT HELP THE BODY FIGHT INFECTION, MAKING A PERSON MORE VULNERABLE TO OTHER INFECTIONS AND DISEASES. IT IS SPREAD BY CONTACT WITH CERTAIN BODILY FLUIDS OF A PERSON WITH HIV, MOST COMMONLY DURING UNPROTECTED SEX (SEX WITHOUT A CONDOM OR HIV MEDICINE TO PREVENT OR TREAT HIV), OR THROUGH SHARING INJECTION DRUG EQUIPMENT.**



# CAUSE AND EFFECT

HIV is caused by a virus. It can spread through sexual contact, illicit injection drug use or sharing needles, contact with infected blood, or from mother to child during pregnancy, childbirth or breastfeeding.

## SYMPTOMS

The disease spreads more easily in the first few months after a person is infected, but many are unaware of their status until the later stages. In the first few weeks after being infected people may not experience symptoms. Others may have an

influenza-like illness including:

- fever
- headache
- rash
- sore throat

# CURE

There is no cure for HIV infection. It is treated with antiretroviral drugs, which stop the virus from replicating in the body.

hiv prevention

You can use strategies such as abstinence (not having sex), never sharing needles, and using condoms the right way every time you have sex.

# THANK YOU

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